Park Manor The Woodlands

TASTE THE SWEET FLAVORS OF THE SEASON: APPLES & CARAMEL

October is a month full of delicious fall flavors. While pumpkin often steals the spotlight, did you know October is also Apple Month and Caramel Month? These classic tastes deserve their own celebration alongside pumpkin spice!

Think warm apple cider on a crisp morning, a slice of classic apple pie, apple turnovers fresh from the oven, or simply biting into a crisp, juicy apple. And caramel? It's not just plain or nutty anymore. Soft caramel chews, Werther's Originals, decadent caramel sundae sauce, and of course the iconic caramel apple all bring their own sweet charm.

Caramel apples, which even have their own special observance on October 31, are no longer just a simple candy-coated treat. **They're dipped in chocolate, sprinkled with candy toppings, or rolled in nuts, making every bite a little piece of autumn magic.**

So this season, don't let these classic flavors be overshadowed. Warm up with apple cider, indulge in a caramel-topped treat, or enjoy the timeless combination of both. October is the perfect month to celebrate pumpkin, apples, and caramel—one sweet bite at a time!

PARK MANOR
THE WOODLANDS
POST ACUTE CARE

Short-Term Therapy Success

ADMISSION & TREATMENT:

Bobby B. is a 65 -year-old male who admitted to Park Manor The Woodlands on 6/30/2026 and discharged back home on 7/18/2026. When the therapy team at Park Manor The Woodlands evaluated Bobby, he required moderate assistance and was unable to walk. He also required maximal assistance for lower body dressing, bathing and toileting. His goal was to get stronger and be independent again. The rehab team at Park Manor The Woodlands helped make that dream a reality.

AT DISCHARGE:

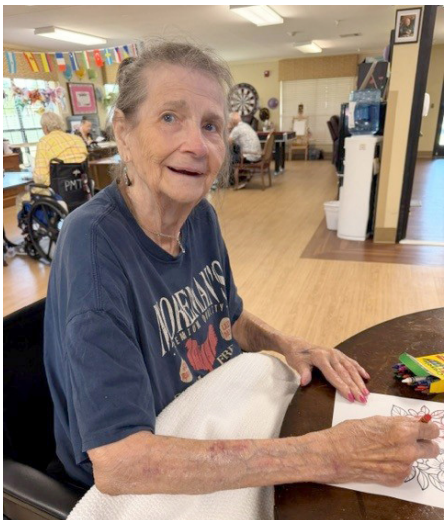
Following a 19-day stay of therapy services, Bobby B. made significant gains with physical therapy by achieving his goal of walking up to 60 feet with contact guard assist! Additionally, he made gains with occupational therapy as well and now completes all his dressing, bathing and toileting tasks independently.

Bobby B. was successfully discharged to home to continue his progress with home health therapy.

It is truly an honor to be trusted with the care of loved ones! With quality care and client centered focused goals, Bobby is a true testimonial story of the positive outcomes produced at Park Manor The Woodlands!

Activity Photo Highlights

Highlights...continued



Happy Birthday

RESIDENTS

Bobene B.
Maria G.
Nancy N.
Johnny D.
Carolyn M.

STAFF

Jasmine
Viktoria
Leatrice
Nicole
Valencia
Cristina
Malena
Mileidy
Courtney
Karlee
Cristina
Stephanie
Ronnie
Nikky
Yessika
Sara
Chelsea
Wes

A Letter from the Administrator

Our top priority is the well-being, health and safety of your loved ones. Our staff work 24 hours a day to provide them with the best care and maintain a warm and safe environment.

Special Events

- Octoberfest
- Harvest Festival
- Halloween Contest

PARK MANOR
THE WOODLANDS

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The Woodlands, TX 77384
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parkmanor-thewoodlands.com

Administrative Staff

Administrator
A.V. Meghani

Director of Nursing
Julie Sokalski

Business Office Manager
Martha Cote

Business Development Dir.
Jenni Rivera

Admissions Director
Daniela Palao

Unit Manager (Hall 1 & 2)
Fanny Stray, RN

Unit Manager (Hall 3 & 4)
Ericka Sicre

Respiratory Therapy
Jan Peña

Therapy Director
Courtney Preite, COTA

Social Worker
Lily Quinones - Tirone

Medical Records Director
Carol Nealis

Maintenance Director
Robert Bell

Dietary Manager
Tammie Anderson

Housekeeping Manager
Rodeshia Thibodeaux

Activities Director
Yessika Drayton, ADC

The business office is open
Mon – Friday
from 8:00am – 5:00 pm.

Visiting Hours are from
8:00am - 7:00pm

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Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

W	E	L	L	N	E	S	S	D	Y	C	L	S	R	R
R	S	B	P	P	A	U	U	O	N	I	H	N	U	M
C	A	H	O	N	T	W	M	I	E	K	M	K	D	X
O	P	N	F	N	J	Z	K	Y	Y	U	S	R	W	K
S	P	Q	R	O	E	P	Q	T	T	R	U	T	E	N
O	L	Z	F	A	M	S	I	U	O	O	C	R	R	R
U	E	Q	J	U	W	R	A	L	G	L	A	O	Y	Y
D	U	G	P	B	U	A	O	B	E	N	R	X	V	J
O	U	G	H	C	R	C	R	M	K	E	D	X	A	Q
D	A	V	E	O	I	E	A	E	F	K	S	E	E	T
J	V	S	A	Z	P	R	A	Z	N	K	Q	M	S	Z
A	Z	F	L	E	A	V	E	S	Q	E	A	E	Q	S
P	M	O	T	C	K	L	Z	S	T	C	S	Y	P	S
C	V	K	H	H	Q	C	I	D	S	P	B	S	T	F
H	X	E	C	V	W	Y	T	F	F	H	W	B	B	W

WORD LIST

APPLE
AUTUMN
AWARENESS
BONES
BREAST
CARAMEL
CARDS
COLORS
GOURD
HEALTH
LEAVES
PUMPKIN
SCAM
SECURITY
WELLNESS