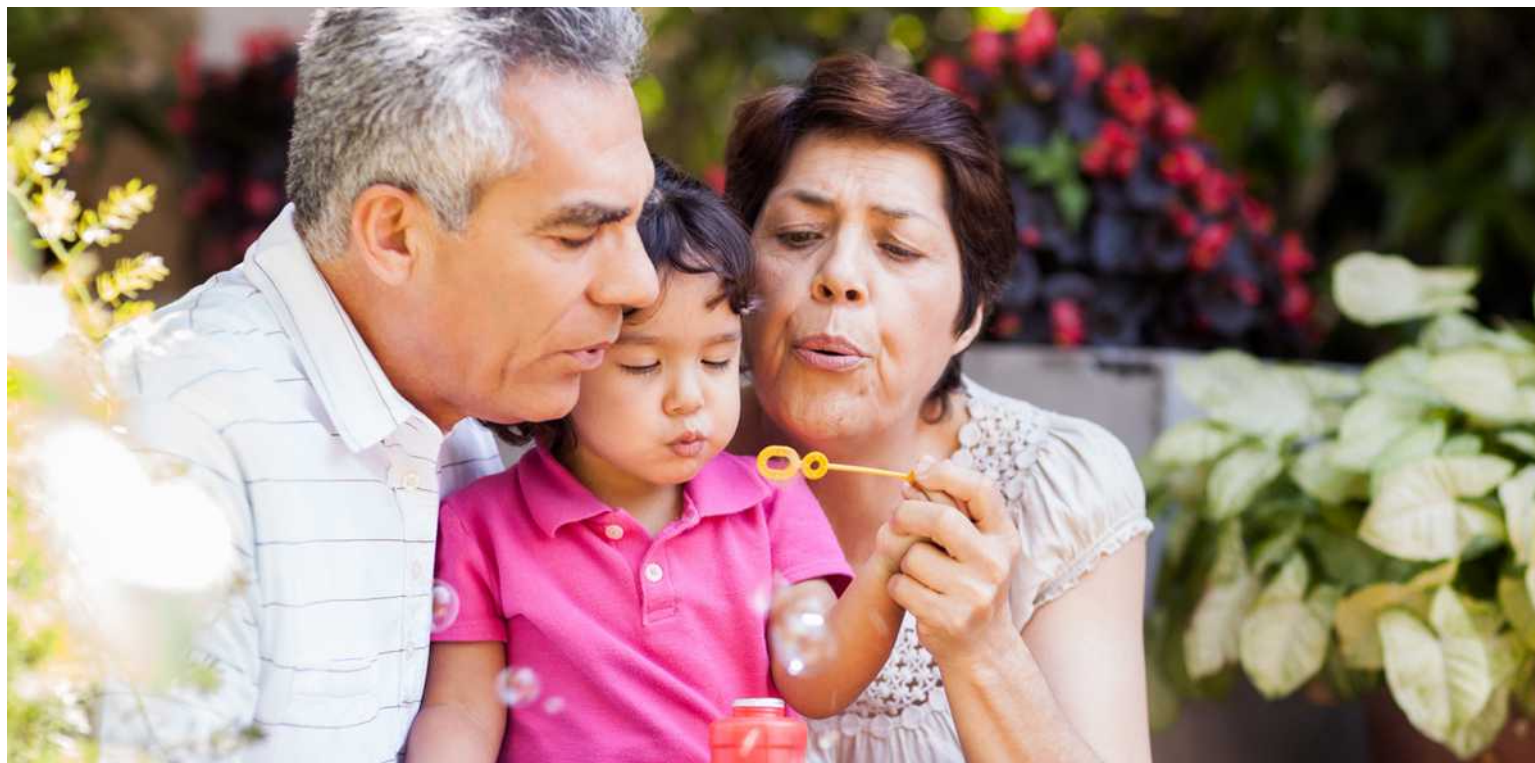


PARK MANOR THE WOODLANDS



FAMILY FUN MONTH: END-OF-SUMMER FUN CHECKLIST

August is Family Fun Month, making it the perfect time to squeeze in a few more summer memories before the season comes to an end. You don't need a big vacation or expensive plans. Sometimes the simplest moments become the ones we remember most.

See how many you can check off before summer says goodbye!

- ☐ Read a new book
- ☐ Try a new ice cream flavor
- ☐ Make S'mores
(National S'mores Day is August 10!)
- ☐ Have a picnic indoors or outside
- ☐ Play your favorite card or board game
- ☐ Mix up a new lemonade flavor
- ☐ Watch a summer sunset
- ☐ Blow bubbles
- ☐ Listen to your favorite songs from years past
- ☐ Share a favorite summer memory
- ☐ Call or visit someone who makes you smile
- ☐ Enjoy a walk or simply relax outside
- ☐ Take a photo to remember the day

Whether you complete one activity or all of them, every little adventure is a chance to make new memories.
Summer isn't over yet!





Stories That Take You Places!

August is a wonderful month for both **imagining new adventures** and **living them out loud**.

It's home to **Book Lovers Day**, a celebration of stories that transport us to different places, and **American Adventures Month**, a reminder that there are still new experiences waiting right outside our door. In many ways, books and adventures go hand in hand. A great story can take you across the country or around the world, while a simple outing can feel like a story worth telling.

Ways to Celebrate This Month

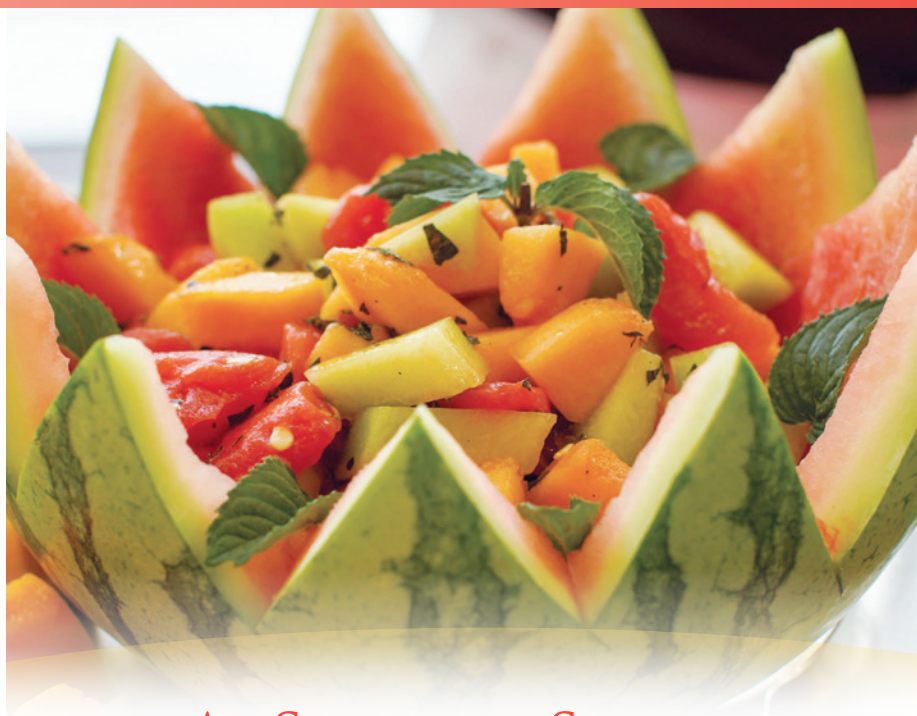
- Read a book set in a place you've never been
- Share a favorite story or memory from your travels
- Take a "mini adventure" in your own community
- Visit a local park, museum, or new restaurant
- Start a book discussion with friends or family
- Swap travel stories or favorite reads with someone new

Adventure doesn't always require a suitcase. Sometimes it's found in a good book, a shared story, or a small change of scenery.

This month, whether you turn a page or step outside, there's always something new to discover!

Activity Photo Highlights





A SWEET SLICE OF SUMMER FUN

For many of us, **watermelon and other favorite melons** bring back memories of long summer days spent with family and friends. Whether it was cooling off after playing outside, sharing slices at a picnic, or enjoying fruit at a community gathering, melons have been part of countless summer traditions.

Today, people are finding fun new ways to celebrate this favorite fruit. Some carve intricate designs into the rind, while others use a watermelon slice as a playful “smile” for memorable family photos. And yes, there’s still plenty of laughter over an old-fashioned watermelon seed-spitting contest!

Did You Know? The world record for spitting a watermelon seed is an amazing **75 feet, 2 inches!**

Not a watermelon fan? National Melon Day on August 9 is the perfect excuse to enjoy your favorite melon instead, whether it’s sweet cantaloupe, refreshing honeydew, or another summertime favorite.

Make Melon Memories This Summer

- Share your favorite way to eat melon.
- Tell a favorite picnic or family reunion story.
- Try making a simple watermelon basket or centerpiece.
- Snap a silly “watermelon smile” photo with family or friends.
- See who can come up with the funniest melon joke.

Sometimes the sweetest part of summer isn’t the fruit itself. It’s the laughter, memories, and moments we share while enjoying our favorite summertime treats together.



HAPPY BIRTHDAY

RESIDENTS

Cheryl A	James G
Carmen G	Carrie H
Jack H	Eunice J
Tinnie J	Maggie O
Rosemary O	Thomas T
Lisa W	Juanita W
Jaqueline W	

STAFF

Audra M.	Delicia M.
Kenya M.	Prisca D.
Ariana R.	Charity W.
Kennet	Clare
Hemmeth	

RESIDENT OF THE MONTH

Mr. Jason P.

A Letter from the Administrator

Our commitment is to provide high quality care, guaranteeing a safe, warm and respectful environment. Our daily goal is to improve the resident quality of life and make their stay a happy one.

Special Events

Back to School
Luau Party
Karaoke Outdoor
Ice Cream Day





1014 WINDSOR LAKES BLVD.
THE WOODLANDS, TX 77384

Admissions: 936.273.9424
info@parkmanor-thewoodlands.com
parkmanor-thewoodlands.com

ADMINISTRATIVE STAFF

ADMINISTRATOR
A.V. Meghani

DIRECTOR OF NURSING
Julie Sokalski

BUSINESS OFFICE MANAGER
Martha Cote

BUSINESS DEVELOPMENT DIR.
Jenni Rivera

ADMISSIONS DIRECTOR
Daniela Palao

UNIT MANAGER (HALL 1 & 2)
Fanny Stray, RN

UNIT MANAGER (HALL 3 & 4)
Ericka Sicre

RESPIRATORY THERAPY
Jan Peña

THERAPY DIRECTOR
Courtney Preite, COTA

SOCIAL WORKER
Lily Quinones - Tirone

MEDICAL RECORDS DIRECTOR
Carol Nealis

MAINTENANCE DIRECTOR
Robert Bell

DIETARY MANAGER
Tammie Anderson

HOUSEKEEPING MANAGER
Rodeshia Thibodeaux

ACTIVITIES DIRECTOR
Yessika Drayton, ADC

THE BUSINESS OFFICE IS OPEN
MON – FRIDAY
FROM 8:00AM – 5:00 PM.

VISITING HOURS ARE FROM
8:00AM – 7:00PM



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	V	G	Y	S	D	M	F	I	E	K	B	Y	Z
S	A	F	V	M	C	R	C	O	B	L	O	O	F	L
B	D	L	E	G	A	C	Y	S	M	E	L	O	N	V
P	V	Y	V	H	A	S	N	R	B	K	S	K	Q	F
Y	E	J	C	M	W	U	M	M	O	P	P	S	C	U
X	N	N	H	P	F	M	T	E	U	E	R	C	P	V
E	T	L	N	E	B	M	T	L	M	S	J	E	R	U
X	U	A	X	Y	I	E	G	I	T	O	I	J	A	U
Y	R	J	F	M	Z	R	R	E	Y	M	R	C	Q	D
C	E	V	C	H	E	R	I	S	H	W	L	I	K	R
S	K	W	O	P	L	V	Y	H	V	A	B	H	E	Q
C	B	J	H	B	V	G	S	E	N	I	O	R	S	S
E	X	I	S	D	I	V	X	J	I	S	E	B	J	N
L	U	C	K	Y	S	Q	H	K	Q	Z	V	F	D	Y
J	A	U	W	G	V	Z	V	V	E	N	G	B	B	E

WORD LIST

ADVENTURE
BOOKS
CHARM
CHERISH
ELVIS
FUN
LEGACY
LUCKY
MELON
MEMORIES
MUSIC
PENNY
READ
SENIORS
SUMMER