

# PARK MANOR THE WOODLANDS

**NATIONAL PLAY DAY:  
YOU ARE  
NEVER TOO  
OLD TO PLAY!**



**July 19 is National Play Day, a reminder that play does not have an age limit.** Whether you are 9 or 90, play has a way of lifting the spirit, sparking laughter, and bringing people together. It is one of the simplest ways to feel young at heart. In a month that also celebrates staying social and connected, play is a natural fit, especially when shared across generations.

There are so many ways to join in the fun:

- **Bean bag toss or cornhole in the yard**
- **Balloon volleyball or indoor bowling**
- **Games like left-right-center, checkers, chess, or cribbage**
- **Card games such as Uno, euchre, bridge, or rummy**
- **Classics like Battleship, Scrabble, or Connect Four**
- **Music, dancing, or playing piano, guitar, or another instrument**
- **Handheld video games or phone apps**

Play also brings back memories of simpler days, like neighborhood baseball games, riding bikes until dinner, or afternoons at the swimming pool with friends. Those spontaneous “play dates” were really just time spent enjoying life outdoors.

On National Play Day, try something familiar or something new. Gather with friends or family of all ages, have fun, stay connected, and simply play!



# Short-Term Therapy Success

## ADMISSION & TREATMENT:

Ann K. is an 83-year-old female who admitted to Park Manor The Woodlands on 2/18/2026 and discharged back home on 3/24/2026. She was hospitalized due to joint replacement surgery.

The therapy team at Park Manor The Woodlands evaluated Ann. She required dependent assistance and was unable to walk. She also required dependent assistance for lower body dressing, bathing and toileting. Her goal was to get better and return home. The rehab team at Park Manor The Woodlands helped make that dream a reality.

## AT DISCHARGE:

Following a 36-day stay of skilled nursing and therapy services, Ann made significant gains with physical therapy by achieving her goal of walking up to 175 feet with supervision!

Additionally, she made gains with occupational therapy as well and now completes all her dressing, bathing and toileting tasks with supervision. She met her goal!

Ann was successfully discharged to home to continue her progress with home health therapy.

It is truly an honor to be trusted with the care of loved ones! With quality care and client centered focused goals, Ann K. is a true testimonial story of the positive outcomes produced at Park Manor The Woodlands!



# Activity Photo Highlights



# Activity Highlights ...continued



## HAPPY BIRTHDAY

### RESIDENTS

Nichole E.

Rodney S.

### STAFF

Jazz

Chijoke

Jenise

Brittney

Azure

Crystal

Alexis

Edward

Deshantis

Shawana

## A Letter from the Administrator

At Park Manor the Woodlands, we focus on discovering the abilities and needs of each of our residents in that way, we can provide them with a better quality of life while in our care.

### RESIDENT OF THE MONTH

Ms. Emma Eliot

## Special Events

4th of July

Sundaes Day

Luau Party (Staff & Residents)

Christmas in July



**1014 WINDSOR LAKES BLVD.  
THE WOODLANDS, TX 77384**

Admissions: 936.273.9424  
info@parkmanor-thewoodlands.com  
**parkmanor-thewoodlands.com**

## ADMINISTRATIVE STAFF

**ADMINISTRATOR**  
A.V. Meghani

**DIRECTOR OF NURSING**  
Julie Sokalski

**BUSINESS OFFICE MANAGER**  
Martha Cote

**BUSINESS DEVELOPMENT DIR.**  
Jenni Rivera

**ADMISSIONS DIRECTOR**  
Daniela Palao

**UNIT MANAGER (HALL 1 & 2)**  
Fanny Stray, RN

**UNIT MANAGER (HALL 3 & 4)**  
Ericka Sicre

**RESPIRATORY THERAPY**  
Jan Peña

**THERAPY DIRECTOR**  
Courtney Preite, COTA

**SOCIAL WORKER**  
Brandy McCrary, LMSW

**MEDICAL RECORDS DIRECTOR**  
Carol Nealis

**MAINTENANCE DIRECTOR**  
Robert Bell

**DIETARY MANAGER**  
Bridgett Brown, DM

**HOUSEKEEPING MANAGER**  
Rodeshia Thibodeaux

**ACTIVITIES DIRECTOR**  
Yessika Drayton, ADC

**THE BUSINESS OFFICE IS OPEN  
MON – FRIDAY  
FROM 8:00AM – 5:00 PM.**

**VISITING HOURS ARE FROM  
8:00AM - 7:00PM**



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

K	N	D	B	N	U	F	A	M	I	L	Y	G	A	O	B
S	O	F	O	L	Z	I	U	V	R	A	R	P	A	S	S
Y	U	B	R	W	S	S	Y	E	L	I	T	L	S	M	F
W	T	B	E	F	A	J	M	P	J	S	O	G	R	J	E
L	D	X	D	P	I	M	D	J	I	B	G	K	G	W	R
X	O	I	O	X	U	Y	C	H	F	U	E	E	L	F	A
G	O	M	M	S	H	S	L	J	R	C	T	B	B	H	E
P	R	K	Q	J	I	T	O	E	I	P	H	E	G	O	E
G	S	Z	X	G	S	K	E	A	E	A	E	L	U	T	Z
B	X	R	H	H	T	H	L	W	N	T	R	A	U	D	I
L	J	E	R	C	O	M	I	H	D	R	C	I	B	O	E
U	T	D	W	G	R	C	O	I	S	I	E	R	X	G	F
E	M	W	C	L	Y	C	O	T	R	O	A	D	Y	U	C
Y	B	U	I	O	H	N	G	E	J	T	E	C	B	L	F
Z	L	G	M	G	I	T	M	E	H	I	L	H	S	I	H
B	U	Y	O	J	G	A	H	Y	Q	C	D	N	R	Q	F

### WORD LIST

AMERICA  
BLUE  
BOREDOM  
FAMILY  
FRIENDS  
GAME  
HISTORY  
HOT DOG  
OUTDOORS  
PATRIOTIC  
PLAY  
RED  
SUMMER  
TOGETHER  
WHITE