

# PARK MANOR THE WOODLANDS



## LONG-TERM CARE PLANNING MONTH

October is recognized as **National Long-Term Care Planning Month**, a time dedicated to highlighting the importance of preparing for future healthcare needs. While it may not always be easy to think about, taking steps today can make a world of difference tomorrow.

Seniors and their families are encouraged to start conversations early and make thoughtful, informed decisions about long-term healthcare options. Planning ahead not only reduces stress during unexpected situations but also ensures that personal preferences

are respected and financial security is better maintained. Whether it is discussing care options, setting up advanced directives, or exploring financial planning resources, this month is a reminder that preparation brings peace of mind. By addressing these important decisions now, seniors and their loved ones can look forward to a more comfortable and secure future.

**National Long-Term Care Planning Month serves as a gentle reminder that thoughtful planning today can help ensure comfort, confidence, and peace of mind for tomorrow.**



## NATIONAL HEALTHCARE FOOD SERVICE WEEK

During Oct. 5-11, please help ensure that healthcare food service workers know how much we appreciate them not just this week, but all year long. Celebrate your food service workers and recognize the integral role they play in helping us stay well-nourished and healthy.



## Short-Term Therapy Success

**Raymond M.** is a 66-year-old male admitted to Park Manor The Woodlands on 7/25/2025 and discharged back home on 9/4/2025. He was hospitalized due to FRACTURE OF RIGHT TIBIA.



The therapy team at Park Manor The Woodlands evaluated Raymond M. on Day 1. He required total dependence and was unable to walk. He also required moderate assistance for bathing and toileting, and maximal assistance for lower body dressing. His goal was to return home and be independent again. The rehab team at Park Manor The Woodlands helped make that dream a reality.

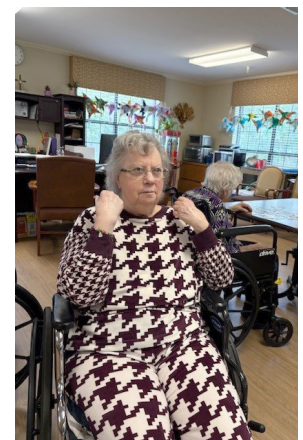
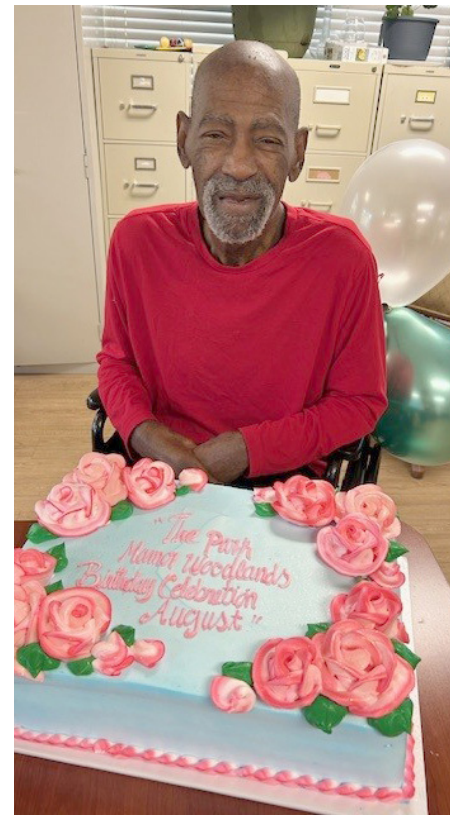
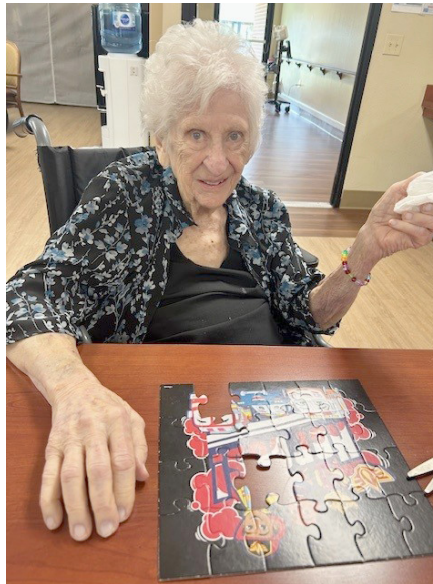
Following a 39-day stay of skilled nursing and therapy services, Raymond M. made significant gains with physical therapy by achieving his goal of walking up to 90 feet with contact guard assist!

Additionally, he made gains with occupational therapy as well and now completes all his dressing, bathing and toileting tasks with only supervision assistance.

Raymond M. was successfully discharged to home to continue his progress with home health therapy.

It is truly an honor to be trusted with the care of loved ones! With quality care and client centered focused goals, Raymond M. is a true testimonial story of the positive outcomes produced at Park Manor The Woodlands!

## Activity Photos Highlights



# THIS IS WHY WE ARE YOUR BEST OPTION TO TAKE CARE OF YOUR LOVED ONES.



**Yessika Drayton**  
Activities Director

Improving the quality of life for our patients, treating them with dignity and respect is our daily goal. The Activities Department focuses on having fun and making their day enjoyable. Each day is unique and irreplaceable, this a reminder that every day counts.



**Laura Ramirez**  
Therapy Team

As a PTA @ PMTW, I see the heart behind everything we do here. Our rehab team works hand in hand with our nursing and support staff to help each person grow stronger, and return to the people and activities they love. We celebrate every bit of progress, because those small victories pave the way for the big ones.



**Daniela Palao**  
Admission Director

I have worked here for a little over 9 years and one thing that I can say that sets us apart, is the communication we have between all departments. We take acknowledged every concern and we try our best to make sure it gets taken care of in order to provide good customer service and care to our patients and families.



**Brandi McCrary**  
Social Service Director

By selecting Park Manor the Woodlands, you can rely on our Lic. Social Worker's competence and her outstanding team to support you through this life transition.



**Betty Kirkpatrick**  
Activities Department

I have been with Park Manor The Woodlands for over 14 years. I have seen a lot of changes through the years and can honestly say they have made us the quality and caring facility we are today. The same care is also shown toward the employees. I have had to take time off for health and family reasons and was always treated with compassion and understanding. Happy to be part of this big family.



**Ivette Hernandez**  
Assistant Director of Nursing.

At Park Manor, our goal is to treat you like family. Our approach is centered on the patient's well-being, focusing in both their physical recovery and their emotional needs. We work with patients and their families to create a comprehensive plan that ensure their success. Our staff is known for being attentive, professional, and genuinely caring, which is reflected in the positive feedback we've received from many of our patients and their families.



## HAPPY BIRTHDAY

### RESIDENTS

Carl B. Bobene B.  
Diane L. Micaela L.

### STAFF

|          |            |                |
|----------|------------|----------------|
| Chrystal | Haley      | Karlee         |
| Leatrice | Rontez     | Stephane       |
| Pennie   | Chelsea    | Nicole         |
| Ronnie   | Valencia   | Mileidy        |
| Chelsea  | Yessika D. | Christina      |
| DJ       | Kriss      | Courtney Sarah |

## A Letter from the Administrator

Our commitment remains to improve the quality of life of our patients and those who are with us for rehabilitation, sending them home healthy and safe.

– A.V. Meghani, Administrator



**October is Breast Cancer Awareness Month**, a time to focus on education, early detection, and support. When found early, breast cancer can often be treated successfully.

Show your support this month by wearing pink. **Wear Pink Day is October 25** this year and many people take part in **"Wear Pink Wednesdays."** It is a simple way to honor survivors, remember loved ones, and spread awareness.

Source: cdc.gov

## Special Events

Halloween costume contest.  
October 31st.

**RESIDENT OF THE MONTH**  
Mrs. Debbie M.



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[parkmanor-thewoodlands.com](http://parkmanor-thewoodlands.com)

## ADMINISTRATIVE STAFF

ADMINISTRATOR  
A.V. Meghani

DIRECTOR OF NURSING  
Julie Sokalski

BUSINESS OFFICE MANAGER  
Martha Cote

BUSINESS DEVELOPMENT DIR.  
Jenni Rivera

ADMISSIONS DIRECTOR  
Daniela Palao

UNIT MANAGER (HALL 1 & 2)  
Fanny Stray, RN

UNIT MANAGER (HALL 3 & 4)  
Allison Smith, LVN

RESPIRATORY THERAPY  
Regina Jones-Mack

THERAPY DIRECTOR  
Courtney Preite, COTA

SOCIAL WORKER  
Brandi McCrary, LBSW

MEDICAL RECORDS DIRECTOR  
Carol Nealis

MAINTENANCE DIRECTOR  
Robert Bell

DIETARY MANAGER  
Bridgett Brown, DM

HOUSEKEEPING MANAGER  
Rodeshia Thibodeaux

ACTIVITIES DIRECTOR  
Yessika Drayton, Adc

THE BUSINESS OFFICE IS OPEN  
MON – FRIDAY  
FROM 8:00AM – 5:00 PM.

VISITING HOURS ARE FROM  
8:00AM – 7:00PM



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| T | S | U | Q | W | A | X | P | N | J | U | P | Q | T | D |
| H | U | A | N | E | P | I | J | E | D | T | U | K | O | E |
| E | P | W | H | L | L | X | U | U | U | C | M | L | M | C |
| R | P | A | E | L | A | P | C | U | N | C | P | X | H | I |
| A | O | R | I | N | N | S | H | P | A | B | K | O | S | S |
| P | R | E | D | E | N | T | E | Y | I | A | I | K | M | I |
| Y | T | N | E | S | I | P | V | L | S | N | N | K | T | O |
| F | H | E | M | S | N | H | K | D | F | I | K | V | H | N |
| Y | W | S | O | J | G | C | J | S | I | C | C | L | A | S |
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| P | G | Z | O | O | G | F | G | G | Q | W | D | X | E | G |
| Z | Y | S | N | O | K | O | B | C | I | U | F | O | O | D |
| B | A | J | A | K | C | O | N | N | E | C | T | I | O | N |
| K | T | T | L | Y | R | F | V | H | Y | U | Y | O | H | I |

### WORD LIST

AUTUMN  
AWARENESS  
CONNECTION  
DECISIONS  
EMOTIONAL  
FOOD  
PHYSICAL  
PINK  
PLANNING  
PUMPKIN  
SELFCARE  
SPOOKY  
SUPPORT  
THERAPY  
WELLNESS