

# PARK MANOR THE WOODLANDS



## National Healthcare Environmental Services & Housekeeping Week



Held annually during  
the second full  
week of September,  
Environmental  
Services Week/  
Housekeeping

Week celebrates the  
dedication of our diligent custodial  
staff. These exceptional individuals  
exemplify the teamwork and  
expertise essential for maintaining  
complex healthcare environments  
across the nation.



## GRANDPARENTS DAY: SEPTEMBER 7

Grandparents Day  
celebrates the important role  
grandparents play in families  
and society, highlighting  
their unique contributions  
and strengthening  
intergenerational bonds.  
Looking for ways to  
celebrate? Here are some  
ideas to get you started:

**Family Gatherings:** Enjoy a  
meal together, whether it's  
dinner or afternoon ice cream.  
Share stories, memories, and  
quality time with one another.

**Activities Together:** Spend  
the day doing activities

grandparents enjoy, like  
listening to music, bowling,  
gardening, or playing  
cards and board games.

**Video Messages:** For long-  
distance families, arrange  
video calls or send video  
messages to connect. Text  
or email photos if you're not  
able to arrange a video call.

**Take the time, Sunday,  
September 7 to recognize,  
appreciate, and celebrate  
the unique impact  
grandparents have on our  
lives through their wisdom,  
support, and love.**



## Short-Term Therapy Success

### Mrs. Marsha K.

The Park Manor Woodlands has provided excellent care.

I have been here for several weeks, and the care has been perfect.

I have had physical therapy and outstanding attention for my well-being; I would recommend this facility to everyone.



### Mr. Thomas M.

Being part of The Park Manor Woodlands is a blessing.

The entire staff, starting with Mr. AV, the

Administrator, treats me with so much love and care that I feel loved. I hope every person who needs Rehab comes to this place. They'll receive excellent care and feel like family. God bless your all.



## Social Hour Snacks



## A Letter from the Administrator

At The Park Manor Woodlands, our mission is to provide exceptional post-acute care to our patients, with top-notch therapists and nurses, we strive to work together to create individualized care plans tailored to each patient along with empathy, compassion and respect. When a patient comes to Park Manor the Woodlands, our goal is for our therapists, nurses and activity teams to ensure that the patient has all the resources necessary to improve their health; after their treatment, they emerge and are more capable of caring for themselves.

– A.V. Meghani, Administrator

## Happy 101 Birthday Juanita



### SEPTEMBER IS COURTESY MONTH:

## Small Gestures, Big Impact

In a busy world, simple kindness can go a long way. Courtesy, whether it's a warm hello, a thoughtful thank-you, or holding the door open, has the power to brighten someone's day and create a ripple effect of positivity.

And just in time: **World Gratitude Day is September 21**, a perfect reminder that showing appreciation is one of the kindest acts of all. Whether you're thanking a caregiver, sending a note to

a friend, or simply offering a smile, these moments of connection matter.

**Kindness doesn't have to be grand. It can be as simple as listening patiently, sharing encouraging words, or reaching out just because.**

This month, try a daily act of courtesy or gratitude. You never know how much it might mean to someone or how good it will make you feel too.



# Back to School was a Successful Event!



## HAPPY BIRTHDAY

### RESIDENTS

Barbara P.	George H.
Jane F.	Michael T.
Carol G.	Sandra R. George B.

### STAFF

Dinaste	Laura	Silvia
Sheila	Sylvia	Charlie
Reginam Amber	Viviane	Devaki
Josie	Rosalinda	Brian
Betty	Grether	Jramieka
Julio	Rebecca	Crystal

## Special Events

Independence of Mexico  
(celebrate all week 15-21)

Rebirth and new beginnings  
September 21st. yellow flowers  
around the building. Residents  
& Family Members.

**RESIDENT OF THE MONTH**  
Miss. Nicole E.



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## ADMINISTRATIVE STAFF

ADMINISTRATOR  
A.V. Meghani

DIRECTOR OF NURSING  
Julie Sokalski

BUSINESS OFFICE MANAGER  
Martha Cote

BUSINESS DEVELOPMENT DIR.  
Jenni Rivera

ADMISSIONS DIRECTOR  
Daniela Palao

UNIT MANAGER (HALL 1 & 2)  
Fanny Stray, RN

UNIT MANAGER (HALL 3 & 4)  
Allison Smith, LVN

RESPIRATORY THERAPY  
Regina Jones-Mack

THERAPY DIRECTOR  
Courtney Preite, COTA

SOCIAL WORKER  
Brandi McCrary, LBSW

MEDICAL RECORDS DIRECTOR  
Carol Nealis

MAINTENANCE DIRECTOR  
Robert Bell

DIETARY MANAGER  
Bridgett Brown, DM

HOUSEKEEPING MANAGER  
Rodeshia Thibodeaux

ACTIVITIES DIRECTOR  
Yessika Drayton, Adc

THE BUSINESS OFFICE IS OPEN  
MON – FRIDAY  
FROM 8:00AM – 5:00 PM.

VISITING HOURS ARE FROM  
8:00AM – 7:00PM



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

U	B	S	E	G	S	U	O	K	J	S	W	C	E	R
G	C	P	I	C	R	B	B	X	S	S	N	Y	S	S
G	W	U	F	Z	T	A	E	E	Y	T	I	I	J	J
J	C	K	M	U	L	O	N	A	A	K	X	M	C	S
C	R	H	C	G	N	L	G	D	X	R	A	A	G	F
H	E	E	J	H	L	E	A	E	P	A	D	G	K	F
B	A	A	I	E	K	X	T	C	T	A	P	I	I	C
M	T	L	W	U	B	E	U	O	K	H	R	N	N	O
N	I	T	D	F	R	R	U	M	E	I	E	E	D	U
R	V	H	I	K	F	C	F	P	A	D	R	R	N	R
K	E	Y	N	F	A	I	H	A	A	K	Y	N	E	T
F	U	Z	E	Q	C	S	E	N	L	G	W	Z	S	E
H	P	N	Q	A	W	E	A	I	N	F	I	X	S	S
L	T	N	J	Y	Z	L	R	O	S	I	D	N	X	Y
O	C	O	M	F	O	R	T	N	Q	B	Z	W	G	W

### WORD LIST

AGING  
BEAR  
COMFORT  
COMPANION  
COURTESY  
CREATIVE  
EXERCISE  
FUN  
GRANDPARENT  
HEALTHY  
HEART  
IMAGINE  
KINDNESS  
TOGETHER  
WELLNESS