

PARK MANOR THE WOODLANDS



**EVERY DAY
IS A CHANCE
TO CELEBRATE
OUR SENIORS**

August 21 is recognized as National Senior Citizen Day—a time to honor the older adults in our lives and reflect on all they've given to their families, communities, and the world around them. While today is a great reminder to celebrate, the truth is: **every day is an opportunity to show our appreciation.**

Our seniors are storytellers, role models, and the hearts of many families. They've lived through seasons of change, shared their wisdom, and helped shape the world we live in. Their lives are full of quiet victories and lasting legacies.

Whether you're looking for meaningful ways to celebrate on August 21—or simply want to make an ordinary

day feel extraordinary—here are a few uplifting ideas to enjoy together:

- **Create intergenerational moments:** Plan a fun art project, cook a favorite family recipe, or start a story-sharing tradition that bridges generations and builds bonds.
- **Celebrate their journey:** Look through old photo albums, revisit favorite songs or movies from their youth, or ask them to share a cherished memory.
- **Encourage wellness and joy:** Try a gentle movement class, spend time outdoors, or simply enjoy a cozy afternoon chat. Small moments matter.
- **Volunteer side by side:** Join a local cause together or help them share their knowledge through mentoring, reading to children, or crafting for a good cause.
- **Be present:** Your time, attention, and laughter are often the greatest gifts. Share a meal, play a game, or just sit and talk in whatever way brings joy and connection.

The seniors in our lives deserve to be honored not just on August 21, but in the little moments we create with them all year long. **Every shared smile, story, or simple visit is a chance to show them just how much they mean to us.**



Short-Term Therapy Success

EMILY H.

I enjoy activities where I meet the residents, where they talk about their journeys, play games, especially Bingo, social hours with wine and cheese, I love to have my nails done. I love everyone in the activities department, they are wonderful.



Gerald L.

Being part of this incredible family is a blessing, Therapy program is very competent, nurses & CNA's are very kind and the Activity Department try to keep me busy all the time, The Park Manor of the Woodlands is your best option to recover your life.



p.s. Yessika's charros beans are the best.

Guadalupe S.

I feel very good with all the people who care for me, they are very kind and respectful.



They are always aware of my emotions and my progress.

I recommend The Park Manor of the Woodlands for your recovery.

Activity Photo Highlights



4th of July, 2025



Friend reunion.

Activity Photo Highlights cont.



Art and Craft making Pinatas for room decorations



Family members and patient enjoyed table games in Activity room



HAPPY BIRTHDAY

RESIDENTS

Ava B.	Marla C.
Carmen G.	Jack H.
Linda M.	Sarah M.
Robert N.	Despina S.
Juanita W.	

STAFF

Caroline	Karlita	Nijah
Kristen	Clare	Delicida
Carol	Chanty	Kenga
Audra	Heather	Yazmin
JoJo	Kenneth	Ivette
Priscy		

Special Events

Activity Fundraising Event
Aug 20. 11:00 am – 2:30 pm



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THE WOODLANDS, TX 77384

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ADMINISTRATIVE STAFF

ADMINISTRATOR
A.V. Meghani

DIRECTOR OF NURSING
Julie Sokalski

BUSINESS OFFICE MANAGER
Martha Cote

BUSINESS DEVELOPMENT DIR.
Jenni Rivera

ADMISSIONS DIRECTOR
Daniela Palao

UNIT MANAGER (HALL 1 & 2)
Fanny Stray, RN

UNIT MANAGER (HALL 3 & 4)
Allison Smith, LVN

RESPIRATORY THERAPY
Regina Jones-Mack

THERAPY DIRECTOR
Courtney Preite, COTA

SOCIAL WORKER
Brandi McCrary, LBSW

MEDICAL RECORDS DIRECTOR
Carol Nealis

MAINTENANCE DIRECTOR
Robert Bell

DIETARY MANAGER
Bridgett Brown, DM

HOUSEKEEPING MANAGER
Rodeshia Thibodeaux

ACTIVITIES DIRECTOR
Yessika Drayton, Adc

THE BUSINESS OFFICE IS OPEN
MON – FRIDAY
FROM 8:00AM – 5:00 PM.

VISITING HOURS ARE FROM
8:00AM – 7:00PM



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

L	O	X	D	H	A	P	P	I	N	E	S	S	M	I
F	O	A	D	Z	M	Y	E	Y	O	C	W	V	J	L
Z	E	T	Y	V	A	X	S	R	D	M	F	L	C	L
R	S	T	W	B	C	M	G	L	E	Y	G	W	G	P
K	T	W	D	I	T	A	A	K	J	B	J	E	M	O
T	X	Z	W	F	I	R	E	L	A	X	Y	L	J	Y
P	C	Q	C	Z	V	S	P	S	B	O	W	L	J	Z
G	X	S	I	J	I	H	I	F	O	Q	F	N	I	R
S	M	O	R	E	T	M	D	X	O	V	I	E	Q	G
L	C	B	K	E	Y	A	X	G	K	U	X	S	U	X
X	O	F	I	L	H	L	M	U	S	I	C	S	K	Y
O	L	U	N	V	O	L	E	M	O	N	A	D	E	Q
K	O	H	G	I	X	O	P	R	E	S	L	E	Y	C
L	R	P	W	S	D	W	L	X	S	E	N	I	O	R
K	G	O	E	V	R	N	L	K	P	S	V	P	C	N

WORD LIST

ACTIVITY
BOOKS
COLOR
ELVIS
HAPPINESS
KING
LEMONADE
MARSHMALLOW
MUSIC
PRESLEY
READ
RELAX
SENIOR
SMORE
WELLNESS